

<b>Alcatraz Swim 9/18/2010</b>			<b>Alcatraz Swim July 2010</b>		
<b>Name</b>	<b>Age Group</b>	<b>Time</b>	<b>Name</b>	<b>Age Group</b>	<b>Time</b>
Steve Wasson	40-44	33:32	Ray Velasco	45-49	48:35
Nick Sigmon	20-24	38:00	Jessica Toubol	30-35	1:01:08
Robert Ploss	50-54	38:05			
Jeffrey Ploss	0-14	39:11			
Carrie Wasson	35-39	39:33			
Roderick Smith	45-49	41:34			
Pamela Kearby	55-59	53:59			
Dennis Lee	55-59	41:53			
Barrett Parker	65-69	44:01			
Joy Sigmon	50-54	46:56			
Jessica Toubol	30-35	47:00			
Susan Corkhill	45-49	49:03			
Lisa Ploss	50-54	52:20			
George Carvalho	45-49	1:03:48			
Paul Chai	50-54	1:04:16			

  

<b>USMS Summer National Championships August 2010</b>		
<b>Name</b>	<b>Age group</b>	<b>Time</b>
Joan Schriger	45-49	
100 Meter Butterfly	1st	1:12.49
100 Meter Backstroke	2nd	1:16.45
200 Meter Backstroke	2nd	2:43.07
50 Meter Butterfly	3rd	32.72
50 Meter Backstroke	4th	35.57